

Register online at
www.understandingnutrition.com
or www.mollykellogg.com
or complete this registration form.

EATING DISORDERS BOOT CAMP™	Counseling Intensive™
<input type="checkbox"/> Houston	<input type="checkbox"/> Houston
<input type="checkbox"/> New York	<input type="checkbox"/> New York
<input type="checkbox"/> St. Paul	<input type="checkbox"/> St. Paul
<input type="checkbox"/> Portland	<input type="checkbox"/> Portland
<input type="checkbox"/> I am unable to attend — please let me know about future workshop dates.	

Name/Credentials: _____

Address: _____

Phone: _____

Email: _____

Payment Amount: \$_____ Payment Method:

Check Enclosed (Payable to Understanding Nutrition)

Visa Mastercard American Express

Number _____ Exp. _____

Last three numbers from back of card _____

(or four numbers from front of card for American Express)

Signature _____

Please mail or fax completed form to:

Understanding Nutrition

6510 Abrams Road, Suite 302, Dallas, Texas 75231

Fax: 469.916.1067

Register now to reserve your place!

"In my 20 years as an RD, these are the best workshops I have ever attended!"

"Now I don't panic when I have a patient with an eating disorder."

understandingnutrition
6510 Abrams Road, Suite 302
Dallas, Texas 75231

Coming Your Way...

Jessica Setnick's

EATING DISORDERS BOOT CAMP™

for RNs, RDs and Counselors
Treating Eating Disorders

&

Molly Kellogg's

Counseling Intensive™

for Dietitians in All Practice Areas

2010 Schedule

Houston, TX: January 29-31

New York, NY: May 21-23

St. Paul, MN: June 18-20

Portland, OR: July 23-25

Or invite us to your site!

Each program worth 9 CEUs

Up to 18 credits in one weekend!

Welcome to a new chapter in your career! Join your peers for these hands-on inspirational workshops...

EATING DISORDERS BOOT CAMP™ bridges the gap between academic research and the practical tools you need to treat disordered eating. Finally!

Counseling Intensive™ teaches the skills that therapists learn – but dietitians lack – to make stronger connections and get better results.

Both workshops are limited to small groups, to encourage interaction and individual questions and answers.

Read what past participants have to say about **EATING DISORDERS BOOT CAMP™** and **Counseling Intensive™**:

"These are skills we seldom learn... but so desperately need."

"The most practical eating disorders workshop I've ever attended!"

"I will use this every day!"

"Valuable & worth the investment!"

"This weekend gave me just what I was missing! I can't wait till Monday to put it to work!"



Take advantage of this opportunity to share the techniques and counseling skills that Jessica and Molly have gathered, developed and used to successfully treat hundreds of patients with disordered eating, diabetes, weight issues, and more.

Workshops follow the same three-day schedule:

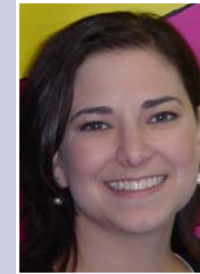
Friday	Saturday	Sunday
9:00 am - 4:00 pm EATING DISORDERS BOOT CAMP™	9:00 am - 12:30 pm EATING DISORDERS BOOT CAMP™ 1:30 pm - 4:30 pm Counseling Intensive™	9:00 am - 4:00 pm Counseling Intensive™

Registration Fees (includes breakfast & lunch)	One Workshop	Both Workshops
Early registration (28 days prior to workshop)	\$315.00	\$590.00
Regular Registration (7-28 days prior)	\$345.00	\$660.00
Late Registration (Within 7 days/At the door)	\$395.00	\$790.00

Refunds, minus \$40 cancellation fee, are allowed up to 7 days prior to workshops. 10% discount on 5 or more registrations from the same site sent in together.

Meet the Instructors

JESSICA SETNICK, MS, RD/LD



Jessica is recognized nationally as an expert on eating disorders and childhood feeding problems. Author of *The Eating Disorders Clinical Pocket Guide* and co-author of *The Eating Disorders Book of Hope and Healing*, Jessica presents lectures and workshops around the country on current eating disorder topics, and counsels children and adults who struggle with eating. Jessica created

EATING DISORDERS BOOT CAMP™ to share her wealth of experience and creativity with other professionals fighting eating disorders.

Molly Kellogg, RD, LCSW



Molly has a private practice in Philadelphia, providing psychotherapy to individuals and couples and nutrition counseling to clients with eating disorders and disordered eating. She has been a Registered Dietitian since 1980, and has worked in many areas of dietetics and mental health, including two years at the Renfrew Center. Molly is well-known

as the author of the e-mail series *Counseling Tips for Nutrition Therapist's*. Her latest book, *Counseling Tips for Nutrition Therapists: Practice Workbook* was published in 2006. Molly also leads supervision groups for dietitians around the country. She is an engaging presenter with a reputation for accessible, practical workshops.

For more information, or if you would like to speak with Molly or Jessica, email info@understandingnutrition.com or molly@mollykellogg.com, or call Jessica at 214.503.7100 or Molly at 215.843.8258.

Can't make the workshops? Both **EATING DISORDERS BOOT CAMP™** and **Counseling Intensive™** are now available as home-study courses, and both Molly & Jessica send FREE email newsletters. For ordering information or to sign up, visit MollyKellogg.com and UnderstandingNutrition.com, or complete the registration form.